

Sept 3-7, 2018



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	WG wheaties Mandarin oranges Milk 1 cottage Cheese	WG Chicken/cheese crispito Mixed vegetables pears Milk I/T diced carrots	WG apple cinnamon muffin 100% juice 1 peaches
TUESDAY	WG Breakfast pizza boat peaches Milk	ravioli Shubert roll Green beans pineapple Milk	Ritz cracker 100% juice 1 mandarin oranges
WEDNESDAY	Sausage patty Toast/jelly pears Milk	Pork fritter/bun Broccoli/ranch Fruit cocktail Milk I/T/2s peas	WG tortilla, turkey, cheese Water 1 pineapple
THURSDAY	WG waffle/syrup Banana Milk 1 hardboiled egg	Chef salad / turkey, ham, eggs, cheese, lettuce ,cucumber crackers grapes Milk I/T 2s peaches	WG cheddar chex mix 100% juice 1 pears
FRIDAY	WG BB Bagel/ cream cheese apricot Milk 1 egg patty	Hotdog/buns Peas, apple Milk I/T applesauce, grilled cheese	Yogurt WG Cheerios Water 1 mandarin oranges

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Meat Substitution: Turkey

Sept 10-14, 2018



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Kix Cereal Mandarin oranges Milk 1 cottage cheese	Sweet & sour chicken WG Rice Peas & carrots applesauce Milk	WG wheat thins (veg) 100% juice 1 pears
TUESDAY	WG Pancake & sausage bites/ syrup pineapple Milk 1/T/2s cooks choice 1 yogurt	Meat balls Bread & butter Green beans Orange slices Milk 1 mandarin oranges	Chex mix 100% juice 1 cereal, peaches
WEDNESDAY	WG French toast sticks/syrup peaches Milk 1 Diced turkey	Grilled chicken patty/bun Mashed potatoes pears milk	WG crackers Cheese cubes water 1/T cheese slice, 1 pears
THURSDAY	Toast/cinnamon Banana Milk Hardboiled egg	Taco salad (meat, cheese, lettuce, chips)/dressing Refried beans grapes Milk 1/T2s mand oranges, crackers	WG banana muffin 100% juice 1 peaches
FRIDAY	WG waffle sticks/syrup strawberries Milk 1/T applesauce 1 yogurt	Turkey/cheese sandwich Celery sticks Apple Milk 1/T peaches, 1/T,2s diced carrots	WG cheez-it 100% juice 1 pears

Sept 17-21, 2018



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Corn chex Pears Milk 1 cottage cheese	Cheeseburger/bun baked beans Pineapple Milk	WG apple cinnamon muffin 100% juice 1 peaches
TUESDAY	WG Waffles/syrup apricots Milk 1 sausage patty	WG Chicken nuggets Bread & butter French fries Orange slices Milk 1 mandarin oranges	String cheese pretzels Water 1 pineapple, ritz cracker
WEDNESDAY	WG pancakes/syrup applesauce Milk 1 diced turkey	Egg & cheese English muffin emoji potatoes peaches Milk	WG strawberry Chex 100% juice 1 mandarin oranges
THURSDAY	WG croissant banana Milk 1 egg patty	Chicken alfredo/noodles Mixed vegetables grapes Milk 1/T green beans, 2s pears	Yogurt WG cheerios water 1 peaches
FRIDAY	Hard boiled egg Mandarin oranges Milk	Jamwiches (PB&J) Sliced cucumber Apple Milk 1/T/2s lunchmeat, pears	WG Cheez its 100% juice 1 pears

Sept 24-28, 2018



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	WG total Peaches Milk 1 cottage cheese	Beef & bean burrito corn Mandarin oranges Corn chips Milk 1/T green beans, cracker	WG Goldfish crackers 100% juice 1 pears
TUESDAY	WG Biscuits/gravy apricots Milk	WG Chicken nuggets Bread & butter peas pears Milk	WG wheat thins 100% juice 1 peaches
WEDNESDAY	WG French toast sticks/syrup Mandarin oranges Milk 1 hard boiled egg	Cheese tortellini/sauce Mozarella cheese Spinach/dressing Fruit cocktail Milk 1/T butter beans	WG tortilla shell/p butter 100% juice 1 apricots 1/T WG tortilla/jelly
THURSDAY	WG BB Muffin Banana Milk 1 egg patty	Pulled pork/bun Potato wedges Pineapple Milk	Cottage cheese pears water
FRIDAY	Bagel/ cream cheese peaches Milk 1 yogurt	Ham & cheese sandwich Carrot sticks Apple Milk 1/T pears, diced carrots	WG tortilla chips. salsa 100% juice 1 /T WG Str yogurt chex 1 mandarin oranges