

July 30—Aug. 3, 2018



Skip-a-Long
CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Tortilla Wrap w/egg & cheese WG ED Mandarin oranges Milk D	Turkey fritter Carrots Applesauce Milk D	Graham crackers Milk D
TUESDAY	Cheerios cereal WG Banana F Milk D	Macaroni & Cheese D w/diced ham P Green beans Sl. apples Milk D	Pretzels Saltines — 2 Juice
WEDNESDAY	Biscuit w/butter D Diced pears Milk D	Corn dog P Cheese sandwich — D 2 Cauliflower F w/dip D Orange Milk D	Ritz bits w/cheese D Juice
THURSDAY	Bagel w/cr. Cheese D Sl. pineapple Milk D	Chicken drummies Sl. beets Grapes F & apple rings — Milk D 2	Wheat crackers WG Sl. cheese D Water
FRIDAY	Pancake w/syrup Diced peaches Milk D	Pizza burger D w/bun WG Sl. tomato F Apple rings Milk D	Cinnamon goldfish crackers Milk D

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1%

Meat Substitution: Turkey



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D-Dairy	V-Vegetarian	E-Eggs	N-Nuts	Milk: Whole & 1%	Meat Substitution: Turkey
F-Fresh	P-Pork	2-Children under 2			

Aug.13-17, 2018



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Muffins Apple rings Milk D	Chicken drummies Sl. beets Strawberries F or mix fruit — Milk D 2	Sl. turkey Tortilla WG Water
TUESDAY	Bagel w/cr. Cheese D Mandarin oranges Milk D	Taco meat w/cheese D Sh. Lettuce & tomato Mix veg. — 3 Diced peaches Corn chips or tortilla — Milk D 2	Goldfish crackers D Juice
WEDNESDAY	Waffle w/syrup Applesauce Milk D	Spaghetti WG w/sauce & gr. Beef Green beans Diced pears Milk D	Chex mix Juice
THURSDAY	Corn flake cereal WG Orange F Milk D	Northern beans & Ham P Country trio veg. Corn muffin WG Fruit cocktail Milk D	Bug bites WG Milk D
FRIDAY	English muffin w/butter D Sl. pineapple Milk D	Beef & bean burrito WG Carrot sticks F w/dip D Watermelon Milk D	Sl. cheese D Crackers Water

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1%

Meat Substitution: Turkey