

Sept. 2—6, 2019



Skip-a-Long
CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	CLOSED	CLOSED	CLOSED
TUESDAY	Cereal—Oatmeal WG & Rice Krispies WG Diced peaches Milk D	Chicken salad on a croissant Celery F Sl. beets — Apple F 3 Milk D	Applesauce Milk D
WEDNESDAY	Cinnamon raisin bagel w/cr. Cheese D Sl. pineapple Milk D	BBQ rib pattie P on a bun Veg. mix — 3 Coleslaw Mandarin oranges Milk D	Tortilla chips WG w/salsa Gripz — WG 2 Milk D
THURSDAY	Pancake & sausage WG on a stick Oranges F Milk D	Ground beef casserole Mashed potatoes Fruit cocktail Roll WG Milk D	Colby Jack cheese stick D Café crackers Water
FRIDAY	Tortilla wrap WG Apple rings Milk D	Fish square F on a bun Carrot sticks F Pear F Milk D	Raspberry yogurt D Asst. crackers Water

Sept. 9-13, 2019



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Cheerios cereal WG Banana F Milk D	Meat Loaf --D hot dog P on a bun 2 Diced potatoes Mixed fruit Milk D	Animal Crackers Milk D
TUESDAY	Blueberry muffins Cantaloupe F Milk D	Crispito Pork tamales Refried beans V Applesauce Milk D	Lunchmeat turkey Tortilla Water
WEDNESDAY	English muffin w/pb N butter -- 2 Sl. apples Milk D	Chicken gravy Peas and carrots Biscuit Apricots Milk D	Goldfish WG crackers Milk D
THURSDAY	Asst. bagels, breakfast pizza Orange F Milk D	Spaghetti WG w/gr. Beef & sp sauce Green beans Diced pears Milk D	Carrot sticks F w/dip Milk D Cheezit crackers D
FRIDAY	Whole wheat WG bagels w/cr cheese D Sl. pineapple Milk D	Hamburger on a bun Sl. beets Apple rings Chips Milk D	Cheese D crackers Water

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1%

Meat Substitution: Turkey