

Dec 30, 2019-Jan 4, 2020



Skip-a-Long
CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	WG corn chex Fruit cocktail Milk 1 cottage cheese	WG Breaded Pork Chop patty Baked beans pears Milk	Ritz cracker juice 1 mandarin oranges
TUESDAY	WG strawberry pancakes/syrup apricots Milk 1 sausage patty	Salisbury Steak Green beans Bread & butter pineapple Milk	Cheese slices/WG crackers water 1 pears
WEDNESDAY	English muffin/butter, jelly Peaches milk 1 yogurt	Chicken ranch chips Smiley potatoes Bread & butter applesauce Milk	WG Cinnamon Scooby juice 1 pineapple
THURSDAY	English muffins/butter, jelly Banana Milk 1 egg patty	Scrambled eggs (cheese & bacon) Tatoe tots mandarin oranges Wg biscuit milk	WG wheat thins (veg) juice 1 peaches
FRIDAY	WG sausage Breakfast pizza pears Milk	Chicken alfredo/noodles corn Apple Milk I/T applesauce, peas	WG blueberry muffin juice 1 mandarin oranges

Jan 6-10, 2020



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	
MONDAY	WG cheerios pears Milk 1 cottage cheese	Chicken cordon bleu Peas & carrots Mandarin oranges milk	Chex mix juice 1 peaches
TUESDAY	Pancake/syrup apricots Milk 1 Egg patty	Meat loaf Baked beans roll Diced peaches Milk	WG apple cinnamon muffin juice 1 pears
WEDNESDAY	WG French toast sticks/syrup Fruit cocktail Milk 1 sausage patty	WG Fish Shapes Mashed potatoes Apple rings Milk	Graham crackers raisins 1 apricots
THURSDAY	WG kix cereal banana Milk 1 yogurt	Breaded Chicken Patty/bun Potato wedges pears Milk	Wg strawberry yogurt chex juice 1 mandarin oranges
FRIDAY	WG blueberry bagel /cream cheese Diced peaches Milk 1 hard boiled egg	Chili (sauce, gr beef, beans) Cheese, crackers Green beans Apple Milk 1/T mandarin oranges	Yogurt Wg granola Water 1 pears

Jan 13-17, 2020



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Corn chex pears Milk I cottage cheese	WG Chicken Tenders French fries peaches Milk	Tiny twist pretzel String cheese water I mandarin oranges, muffin
TUESDAY	WG Waffle /syrup Mandarin oranges Milk I hard boiled egg	Mac & Cheese/ diced ham Spinach Spiced apple rings Milk I/T peas	Ritz cracker Craisins water I peaches
WEDNESDAY	toast Sausage patty pineapple Milk	Meatballs Green beans WG rice apricots Milk	WG chips/salsa juice I/T WG cracker I pears
THURSDAY	Oatmeal/brown sugar Banana Milk I egg patty	WG Chicken crispito Refried beans Corn chips applesauce Milk I /T/2s cornbread	WG cheez its juice I apricots
FRIDAY	WG multigrain cheerios Fruit cocktail Milk I yogurt	WG turkey fritter/bun corn Apple Milk I/T mandarin oranges, diced carrot	Wg banana muffin juice I pears

Jan 20-24, 2020



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Kix cereal Pineapple Milk 1 cottage cheese	Mini corndogs Peas applesauce Milk I/T beef Ravioli	WG Goldfish cracker juice 1 pears
TUESDAY	Toast/butter,jelly peaches Milk 1 hard boiled eggs	Chicken fried rice Oriental veggies pears Milk I/T green beans	WG apple cinnamon muffin juice 1 pineapple
WEDNESDAY	Mini bagels/cream cheese Tropical fruit Milk 1 yogurt, pears	WG Mini tacos Corn Apricots Milk I/T diced carrots	WG cheddar chex juice 1 peaches
THURSDAY	WG cheerios Banana Milk 1 sausage patty	Chicken drummies Hash brown rounds Mandarin oranges Milk	WG wheat thins (veg) juice 1 pears
FRIDAY	WG Pancake & Sausage links/ syrup strawberries Milk I/T peaches I/Tcooks choice	Beef Stew Cheese sandwich apple Milk I /T2s mandarin oranges	Cottage cheese/pears water