

March 4-8 2018



**Skip-a-Long**  
CHILD DEVELOPMENT SERVICES

|           | BREAKFAST   | LUNCH   | SNACK  |
|-----------|---|---|--|
| MONDAY    | WG total<br>Fruit cocktail<br>Milk<br>1 cottage cheese          | Breaded Pork Chop Patty<br>Baked Beans<br>Pears<br>Milk                           | Ritz cracker<br>100% juice<br>1 peaches                          |
| TUESDAY   | WG Waffle sticks/syrup<br>apricots<br>Milk<br>1 sausage pattie  | Salisbury Steak<br>Green beans<br>Bread & Butter<br>Pineapple<br>Milk             | Cheese Cubes/WG cracker<br>Water<br>1/T sliced cheese<br>1 pears |
| WEDNESDAY | WG French toast/syrup<br>peaches<br>Milk<br>1 yogurt            | Scrambled eggs (cheese & bacon)<br>Tator tots<br>WG biscuit<br>applesauce<br>Milk | WG Cheez-its<br>100% juice<br>1 pineapple                        |
| THURSDAY  | English Muffins/butter, jelly<br>Banana<br>Milk<br>1 egg pattie | Cheeseburger/bun<br>Smiley potatoes<br>mandarin oranges<br>milk                   | WG wheat thins (veg)<br>100% juice<br>1 peaches                  |
| FRIDAY    | WG sausage Breakfast pizza<br>pears<br>Milk                     | Chicken alfredo/WG noodles<br>corn<br>Apple<br>Milk<br>1/T /2s applesauce, peas   | WG blueberry muffing<br>100% juice<br>1 mandarin oranges         |

D-Dairy V-Vegetarian E-Eggs N-Nuts  
F-Fresh P-Pork 2-Children under 2

Meat Substitution: Turkey

March 11-15, 2019



# Skip-a-Long

CHILD DEVELOPMENT SERVICES

|           | BREAKFAST  | LUNCH   | SNACK  |
|-----------|--|---|--|
| MONDAY    | WG total<br>Fruit cocktail<br>Milk<br>1 cottage cheese         | WG Breaded Pork Chop patty<br>Baked beans<br>pears<br>Milk                        | Ritz cracker<br>100% juice<br>1 mandarin oranges                   |
| TUESDAY   | WG Waffle sticks/syrup<br>apricots<br>Milk<br>1 sausage patty  | Salisbury Steak<br>Green beans<br>Bread & butter<br>pineapple<br>Milk             | Cheese cubes/WG crackers<br>water<br>1 /T sliced cheese<br>1 pears |
| WEDNESDAY | WG Strawberry pancakes/syrup<br>Peaches<br>milk<br>1 yogurt    | Scrambled eggs (cheese & bacon)<br>Tator tots<br>WG biscuit<br>applesauce<br>Milk | WG Cheez-its<br>100% juice<br>1 pineapple                          |
| THURSDAY  | English muffins/butter, jelly<br>Banana<br>Milk<br>1 egg patty | Cheeseburger/bun<br>Smiley potatoes<br>mandarin oranges<br>milk                   | WG wheat thins (veg)<br>100% juice<br>1 peaches                    |
| FRIDAY    | WG sausage Breakfast pizza<br>pears<br>Milk                    | Chicken alfredo/noodles<br>corn<br>Apple<br>Milk<br>1/T applesauce, peas          | WG blueberry muffin<br>100% juice<br>1 mandarin oranges            |

D-Dairy V-Vegetarian E-Eggs N-Nuts  
 F-Fresh P-Pork 2-Children under 2

Meat Substitution: Turkey

March 18-22 2019



# Skip-a-Long

CHILD DEVELOPMENT SERVICES

|           | BREAKFAST   | LUNCH  |  |
|-----------|---|--|--|
| MONDAY    | WG cheerios<br>pears<br>Milk<br>1 cottage cheese                          | Pulled pork/bun<br>Peas & carrots<br>Mandarin oranges<br>milk  | Chex mix<br>100% juice<br>1 peaches                    |
| TUESDAY   | Pancake/syrup<br>apricots<br>Milk<br>1 Egg patty                          | Meat loaf<br>Mashed potatoes<br>roll<br>Diced peaches<br>Milk  | WG goldfish crackers<br>100% juice<br>1 pears          |
| WEDNESDAY | WG French toast sticks/syrup<br>Fruit cocktail<br>Milk<br>1 sausage patty | Fish Sticks<br>Green beans<br>Bread & butter<br>Apple rings<br>Milk                                      | Graham crackers<br>100% juice<br>1 apricots            |
| THURSDAY  | WG BB Bagel/cream cheese<br>banana<br>Milk<br>1 hard boiled egg           | Breaded Chicken Patty/bun<br>Potato wedges<br>pears<br>Milk  | Yogurt<br>WG cheerios<br>Water<br>1 mandarin oranges   |
| FRIDAY    | WG apple cinnamon muffin<br>Diced peaches<br>Milk<br>1 yogurt             | Chili (sauce, meat, beans)<br>Cheese, crackers<br>Diced carrots<br>Apple<br>Milk<br>1/T mandarin oranges | WG Strawberry yogurt chex mix<br>100% juice<br>1 pears |

March 25-29, 2019



**Skip-a-Long**  
CHILD DEVELOPMENT SERVICES

|           | BREAKFAST  | LUNCH   | SNACK   |
|-----------|--|---|---|
| MONDAY    | Corn chex<br>pears<br>Milk<br>1 cottage cheese                         | WG Chicken Tenders<br>French fries<br>peaches<br>Milk   | Pretzel<br>String cheese<br>water<br>1 mandarin oranges, muffin |
| TUESDAY   | WG Waffle /syrup<br>Tropical fruit<br>Milk<br>1 pears, hard boiled egg | Mac & Cheese/ diced ham<br>Spinach<br>Mandarin oranges<br>Milk<br>I/T peas                    | Ritz cracker<br>Water<br>1 muffin, peaches                      |
| WEDNESDAY | toast<br>Sausage patty<br>pineapple<br>Milk                            | Meatballs<br>Green beans<br>WG rice<br>apricots<br>Milk                                       | WG chips/salsa<br>100% juice<br>I/T WG cracker<br>1 pears       |
| THURSDAY  | Oatmeal/brown sugar<br>Banana<br>Milk<br>1 egg pattie                  | WG Chicken crispito<br>Refried beans<br>Corn chips<br>applesauce<br>Milk<br>1 /T/2s cornbread | WG cheez its<br>100% juice<br>1 apricots                        |
| FRIDAY    | WG banana Muffin<br>Fruit cocktail<br>Milk<br>1 yogurt                 | WG turkey fritter/bun<br>corn<br>Apple<br>Milk<br>I/T mandarin oranges, gr beans              | Wg multigrain cheerios<br>100% juice<br>1 pears                 |