

July 1st—July 5th, 2019



Skip-a-Long
CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	English muffin w/butter — or peanut butter 2 Sl. apples Milk D	Barbeque hamburger on a bun Tater tots Pears Milk D	Bug bites Milk D
TUESDAY	Croissant w/jelly Orange Milk D	Chicken fajitas Sl. beets Tortilla Strawberries & apple — Milk D 2	Snack mix Bagelette — 2 Juice
WEDNESDAY	Cinnamon Raisin bagel Sl. pineapple Milk D	Crispito Refried beans Mixed veggies Applesauce Milk D	Banana bread Blueberry bread — 2 Milk D
THURSDAY	CLOSED	4TH OF JULY	CLOSED
FRIDAY	Blueberry muffins Apple rings Milk D	Beef & bean burrito Cauliflower w/dip Watermelon Milk D	Cheezits Grips Assorted fruit

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1%

Meat Substitution: Turkey

July 8-12, 2019



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Rice Krispies Cereal WG Banana F Milk D	Goulash (gr. Beef, sauce ,mac WG Green beans Applesauce Milk D	Bagelette w/cream cheese D Milk D
TUESDAY	Pancake & sausage P bites Orange F Milk D	Chicken drummies WG Baked beans V Tropical fruit Milk D	Asst. crackers Sl. cheese D Water
WEDNESDAY	French toast sticks WG burrito, pizza, tortilla wraps Diced peaches Milk D	Beef ravioli Asst. veggies Sl. apples Roll & cornbread Milk D	Mini choc chip grahams WG Milk D
THURSDAY	Kix cereal WG Cantaloupe F Milk D	Taco meat w/cheese Sh lettuce F Tomato Sl beets — Diced pears Milk D 3	Goldfish crackers WG Milk D
FRIDAY	Asst. muffins Apple rings Milk D	Corn dog P Broccoli F w/dip Sl. pineapple Milk D	Cherry vanilla yogurt D Graham crackers WG

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1%

Meat Substitution: Turkey

July 15—19, 2019



Skip-a-Long
CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Multigrain cheerios WG Bananas F Milk D	Beef & Bean burrito WG Country trio veg Diced peaches Milk D	Ritz crackers Sl. cheese D Water
TUESDAY	Waffle w/syrup Diced pears Milk D	Pizza DWG Italian veggies Tropical fruit Milk D	Graham crackers Milk D
WEDNESDAY	Cinnamon raisin bagel w/ cream cheese D Sl. pineapple Milk D	BBQ chicken on a bun Baked beans V Mandarin oranges Chips Milk D	Wheat crackers WG Sl. turkey Water
THURSDAY	Tortilla wrap WGED Apple rings Milk D	Cheeseburger casserole (gr. Beef, mac & cheese sauce D) Peas & carrots Applesauce Milk D	Strawberry chex Milk D
FRIDAY	Muffins WG Orange F Milk D	Chicken nuggets Carrot sticks F Strawberries F apricots — 2 Milk D	Saltine crackers Cheese sticks D Water

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1%

Meat Substitution: Turkey