

Jan. 6—10, 2020



Skip-a-Long
CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Mini bagel WG w/strawberry cr. Cheese D Banana F Milk D	Chicken strips WG , Chicken pattie WG , Pork Chop WG , Turkey corn dog WG & hot dog WG on a bun Sliced beets Milk D	Saltine crackers Cheese stick D Water
TUESDAY	Oatmeal cereal WG Diced peaches Milk D	Meat Loaf on a bun Green beans Peach-Pear mix Milk D	Applesauce Milk D
WEDNESDAY	Biscuit WG w/jelly Apple rings Milk D	BBQ pork P on a bun Tater tots Mandarin oranges Milk D	Tortilla chips WG w/salsa Goldfish crackers WG — 2 Milk D
THURSDAY	Pancake & Sausage WG P on a stick Orange F Milk D	Chicken breast Broccoli & Cauliflower Diced pears Roll WG Milk D	Ritz bits w/cheese D Milk D
FRIDAY	Burrito, egg, sausage EPD WG & cheese Sl. pineapple Milk D	Ham P sandwich WG Carrot sticks F Pear F Chips Milk D	Raspberry yogurt D , Graham crackers WG Cinnamon Gripz crackers WG — 2

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1%
Soy & Lactose

Meat Substitution: Turkey, peanut butter or cheese

Jan 13-17, 2020



Skip-a-Long

CHILD DEVELOPMENT SERVICES

	BREAKFAST	LUNCH	SNACK
MONDAY	Cinn. Toast crunch cereal WG Banana F Milk D	Hamburger on a bun Potato salad Fruit cocktail Milk D	Goldfish crackers WG Milk D
TUESDAY	Bagelette bagel w/cr.cheese WG Sl. pineapple Milk D	Chicken fajita Corn Diced pears Tortilla WG Milk D	Bologna P Wheat crackers WG Water
WEDNESDAY	Biscuit w/jelly Mandarin oranges Milk D	Chicken Alfredo Chicken, Whitesauce & noodles WG Broccoli Diced peaches Milk D	Animal crackers Milk D
THURSDAY	Cinnamon raisin & English muffin WG w/butter Sl. apples Milk D	Bratwurst pattie P on a bun WG Baked beans V Applesauce Chips—cheese puffs — Milk D 2	Cheez it crackers D Milk D
FRIDAY	Corn muffin WG & cheese strusel muffin w/butter Orange F Milk D	Beef&bean burrito WG Carrot sticks F cook carrots — Apple rings 2 Milk D	Cheese D ritz crackers Water

D-Dairy V-Vegetarian E-Eggs N-Nuts
F-Fresh P-Pork 2-Children under 2

Milk: Whole & 1% , Soy or Lactose

Meat Substitution: Turkey, peanut butter or cheese